



SOMERSET COUNTY RECREATION, PARKS & TOURISM

COVID-19 GUIDELINES: SPRING PROGRAMS



The following guidelines for returning to play are designed to help keep participants, families and our community safe.

Part One: Centers for Disease Control and Prevention (CDC) Guidelines & Screening:

- Updated COVID-19 guidance from the CDC can be found at <https://www.cdc.gov/coronavirus/2019-nCoV/index.html> .
- Be vigilant in preventing the spread of the COVID-19 virus by following CDC guidelines.
- Stay home if you are experiencing signs or symptoms of COVID-19, or if you have been exposed to someone who has had signs or symptoms of COVID-19. The CDC maintains a list of COVID-19 symptoms at the link above.
- Players, coaches, spectators and staff should check their own temperature prior to arriving at any SCRCP field. If your temperature is 100.4 degrees or higher, you are not allowed to participate in an activity on a SCRCP field for a minimum of 10 days.
- SCRCP staff will screen all players, coaches and officials each day and will keep records of screening for 10 days.
- Facility staff will be screened each day by SCRCP.
- If you are immunocompromised, the best way to prevent COVID-19 is to avoid being exposed to the virus. SCRCP strongly urges you to evaluate the risk of participating in any activity on our fields.

Part Two: Screening Protocols

- We will NOT be doing temperature screenings for participants or coaches for the spring season
- Please temperature screen your child and/or yourself if you are a coach prior to coming to the facility.
- Please keep your child home if they are experiencing the following symptoms
 - 100.4 degree fever or higher
 - Excessive cough with runny nose (expressing mucus that isn't clear)
 - Vomiting or diarrhea
 - If ANYONE in the household has been exposed to someone with Covid-19

Part Three: Facility/Field Rules

PPE/MAKS

- Off the Field of Play: Participants, officials, staff and spectators will be encouraged to wear masks/face coverings to and from their designated field/team area. Once players, coaches and officials are at their designated team area AND are 6 feet away from others, masks may be removed.
 - Only coaches and players will be permitted near the team area.
 - Players ages 6+ are encouraged to wear a mask that can be taken on and off easily (EX: neck gator, buff)



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- Masks **MUST** be worn in high-traffic areas like concessions and restrooms where social distancing is more challenging.
- On the Field of Play: Participants, officials and umpires have the option to wear a mask/face covering at their discretion, unless the mask creates a safety concern for themselves or for other participants.

Cleaning/Disinfecting

- Players, coaches, administrators, etc. should not share water, towels or other personal or playing equipment.
- Centralized hydration stations are not permitted on SCRP fields.
- Restrooms are open to the public and sanitized regularly. Practice proper hand hygiene after use.
- Hand sanitizer will be made available for use

Social Distancing

- Anyone entering SCRP fields, including participants, spectators, umpires and staff, are expected to follow social distancing guidelines from CDC.
- Congregating is not permitted. Groupings should be limited to single-family units.
- Maintain six-foot spacing when walking to and from the field.
- No handshakes, high fives, fist bumps or group celebrations before, during or after activity.

Parents/Immediate Family/Guardians

- **MUST** wear masks when social distancing is **NOT** an option.
- If you are at least 6ft apart from other people you may remove your mask but we are strongly encouraging those not participating in physical activity to keep their masks on.
- It is encouraged to bring your own seating
- Once games are over, spectators should return to their cars immediately – no congregating

Warm Ups/Warm Up Area

- Each team will warm up on the end of the field nearest their designated team area.
- Teams should not interact with another team during warm ups and should stay in their group.

Communication

- All participants (including: players, coaches, officials and parents/immediate family) **MUST** communicate symptoms AND/OR possible exposure to Covid-19 within the duration of any spring recreation programs.
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Part 3: Team Recommendations

- Parents/guardians should bring their own player(s) to the activity instead of carpooling.
- Players and coaches should practice proper hand hygiene (handwashing or hand sanitizer) before and after competition.
- Each player should utilize their own equipment, which should be disinfected before and after each activity, as well as during activities when possible.
- Players should label their equipment and water bottles.
- Field users should have sanitizing options available for players and coaches. This may include, but is not limited to:
 - Hand sanitizer
 - Disinfectant wipes
- Upon returning home, players and coaches should remove and launder clothes and shower.

PLEASE NOTE:

Failure to abide by Somerset County Recreation & Parks COVID-19 Participation Guidelines may result in suspension from the recreation program.

Understanding and Signature:

By signing this document, I agree to the above guidelines and agree to adhere to the policies put forth by Somerset County. I as the participant have responsibility of ensuring that I adhere to the above county policies, in their entirety, the undersigned hereby releases and agrees to hold harmless Somerset County Recreation and Parks and Somerset County Commissioners in general in regard to any illness caused by Covid-19.

Participant Name

Program Name

Participant Name

Program Name

PARENT Name

SIGNATURE

Date